



## Health Policies

**Acknowledgement of SALC Health Policies.....**

*I have read and understand the health policies set forth by Step Ahead Learning Center in accordance with State of NH licensing regulations. **I understand that I am responsible for obtaining and delivering my child's signed health form PRIOR to their first day and updating it as needed.***

*I understand that my child may be excluded from school when displaying symptoms of illness that could be contagious to other children and staff and that I am responsible for picking up my child if symptoms develop during the school day.*

*My child has the following health concerns or allergies that staff should be aware of:*

\_\_\_\_\_

\_\_\_\_\_

Child's Name \_\_\_\_\_ DoB: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### Daily Health Inspections:

- Following the CDC's recommendation, and for the safety and protection of all children and staff, teachers will perform a visual health check of each child upon arrival. If any of the following symptoms are noted, the child may be prevented from joining the class: severe coughing, breathing difficulties, yellowish skin or eyes, "pink-eye", infected skin patches or rash accompanied by fever, unusual behavior indicating generally feeling unwell. When a child becomes ill during the school day, we will make every attempt to reach parents. If after 30 minutes, we have not been able to make contact with a parent, we will call the emergency contact listed in your child's file.
- Children will be sent home and should be kept home for any of the following symptoms:
  - Temperature 101F or greater, accompanied by other signs of illness. Symptoms and signs of severe illness including unusual lethargy, uncontrolled coughing, irritability, persistent crying, difficult breathing, or wheezing.
  - Suspected or known head lice - including "nits".
  - Diarrhea and/or vomiting.
  - Rash with fever or behavior change.

***Children must be symptom free for 24 hours before returning to school.***

**Allergies:**

- If your child has allergies, please discuss them in detail with the director and teachers.
- An action plan must be filled out if an epi-pen or inhaler are needed to control your child's reaction to allergens (found in the office).
- Because we are a public building, we cannot guarantee a nut-free environment; however, we keep a nut-free table available at all eating times and encourage families to send in allergen free snacks for sharing.

**Administration and Storage of Medication:**

All prescription and non-prescription medications shall be stored and administered in the Step Ahead Office in accordance **with a medication order and written permission** (the only exceptions are insulin, epi-pens and inhalers which stay with the child's teacher at all times).

All medications (including insulin, epi-pens and inhalers) shall be:

- Stored in original container with original prescription information if applicable
- Not expired

Medication orders for both prescription and non-prescription medications shall display:

- The child's name
- The medication name, strength, prescribed dose and method of administration
- The frequency of administration
- Reason for use
- The dated signature of the parent

Medication orders are kept on file for review by the child care licensing unit.

**NH School Immunization and Health Form Requirements:**

- Children must have proof of all required immunization **prior to their first day of school**
- A child may be conditionally enrolled when the parent or guardian provides:
  - (1) Documentation of at least one dose for each required vaccine AND
  - (2) The appointment date for the next dose of required vaccine.
- Medical and religious exemption forms can be found at: [www.dhhs.nh.gov](http://www.dhhs.nh.gov)
- Health Forms are valid for one year from the date of the exam.

**A new Health Form must be turned into the office after each annual exam.**